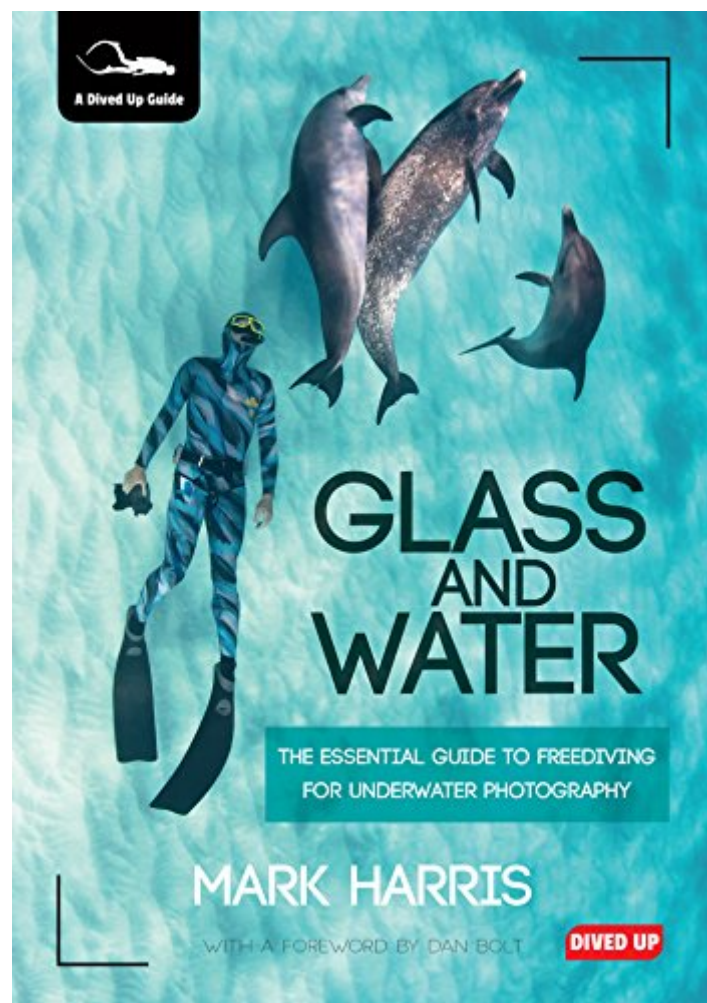




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# Glass And Water: The Essential Guide To Freediving For Underwater Photography



## Synopsis

Glass and Water is the first book on underwater photography for freedivers. With contributions from expert underwater photographers this book teaches the skills, knowledge and equipment necessary to successfully pursue underwater photography without scuba gear. Rather than seeking to replace books on underwater photography, Glass and Water focuses on freediving techniques, equipment and photo opportunities. By carefully choosing or adapting freediving and photographic equipment some early hurdles can be avoided. Using appropriate freediving techniques can increase the length of time available for taking photographs underwater. And by being aware of the possibilities, frustrations can be avoided and good subjects sought out. Includes photos and/or contributions from Fred Buyle, Sue Flood, Danny Kessler, Dr Anne-Marie Kitchen-Wheeler, Laura Storm, Andrew Sutton, Shane Wasik, and a Foreword by Dan Bolt. Contents include: Foreword by Dan Bolt; Free-diving Equipment for Underwater Photography; Photographic Equipment; Underwater Photography Basics; Challenges and Opportunities for Freedivers; Lungcraft; Finning; Descents and Ascents; Neutral Buoyancy; Hydrodynamics; Safety; Creature by Creature; A Virtual Dive; Behind the Lens. Plus a Glossary of key terms. Reviews: "You will end up with an extensive skill set if you pursue all avenues of advice" | "A great addition to the bookshelf for photographers and freedivers": [learn2freedive.com](http://learn2freedive.com) "A very informative book which will help freedivers improve their images" | "The nicest surprise for me was the "Virtual Dive" chapter. This chapter alone was worth the price of the book" | "Glass and Water is obviously aimed at freedivers but scuba divers would also benefit from the content of this book": UWP magazine. "It's most unlikely that you'll come away without learning something brand new and innovative... I'm very impressed" : Martin Edge. (Read Martin's full review of Glass and Water [here](#)). "Glass and Water should be as essential as a pair of fins and a camera for underwater photographers. Mark shares his tremendous expertise" the methodical and well-illustrated techniques will benefit anyone wishing to produce great images in the sea" : Brian Skerry. About the Author: Mark Harris is a former UK champion free-diver, record-holder and instructor who has also coached and judged at freediving competitions. He has consulted on and taught students how to freedive for roles in both television and film. He ran London's main club, London Freediving for almost a decade. He is a member of the British Society of Underwater Photographers.

## Book Information

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## Customer Reviews

I'm bummed. I purchased this film to learn his suggestions for what type of camera to use (lowest profile with the best quality) and shooting techniques while freediving and its more of an book on how to Freedive (which I already know, I'm a freediving instructor). This book doesn't cover what I thought it did. A decent book on freediving, I'd still recommend taking a class for safety reasons.

This book provides the reader with an excellent guide to starting or improving your free diving with a camera in hand. Free diving is a beautifully natural way to experience the ocean and the animals that live there. Photography is one of the most beautiful combinations of both art and science. This book shows how to combine both art, science and naturally, organically experience the ocean. I have been diving and shooting photos professionally for 20 years. This book is excellent companion for beginner or the experienced photographer looking to free dive.

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